

CLASSIFICATION AND GRADING SYSTEM

Asthma severity (first time on no treatment)

	Mild intermittent	Mild persistent	Moderate persistent	Severe persistent
Day-time symptoms	≤2/week	3 - 4/week	> 4/week	Continual
Night-time symptoms	≤2/month	3 - 4/month	> 4/month	Frequent
PEF (predicted)	≥80% predicted	≥80% predicted	>60 - ≤80%	≤60%
PEF variability	<20%	20 - 30%	>30%	>30%

Asthma control (Global Initiative for Asthma 2007)

Characteristics	Controlled (all of the following)	Uncontrolled (≥ 3 features in any week)
Daytime symptoms: (Wheeze, cough, difficulty breathing)	<2/week	≥2/week
Limitation of activities	None	Any
Nocturnal symptoms/awakening	None	Any
Reliever/rescuer treatment	<2/week	≥2/week
Lung function >5 yrs (PEF/FEV1)	Normal	<80%

Eczema severity scoring

Mild	Moderate	Severe
<5% BSA	5 - 30% BSA	≥30% BSA
No acute changes	Mild with acute changes	Moderate with acute changes
No significant impact on QOL*	Mild with significant impact on QOL*	Moderate with significant impact on QOL*

*Sleep, scratching (visible), school/work absenteeism, social withdrawal (clinician judgement)

Allergic rhinitis severity scoring

Intermittent symptoms	Persistent symptoms
<4 days per week OR <4 consecutive weeks	>4 days per week AND >4 consecutive weeks
Mild - all of the following: <ol style="list-style-type: none"> Normal sleep No impairment of daily activities No impairment of work/school Symptoms present but not troublesome 	Moderate/Severe - one or more of: <ol style="list-style-type: none"> Disturbed sleep Impairment of daily activities Impairment of work/school Troublesome symptoms